

## Testimonials for Community Projects

**03 APRIL 2016 - EMPOWERING MALAYSIANS IN A COMMON CAUSE TO FIGHT COLORECTAL CANCER AT PPR DESA TUN RAZAK, KUALA LUMPUR**



Name: Mr. Tan Chu Tea

Age: 57 years

2011 CCASTP, Prima Selayang

Occupation: Lorry Driver

Hobby: Jogging, gardening, travel locally.

Family: 6 children and wife; currently staying with youngest child and wife.

Stage of Cancer when diagnosed: Stage II

Despite reaching the age of retirement, Mr. Tan refuses to stop working. "I believe the human body is like a car engine. If we stop using them, then it will spoil due to inactiveness!" he said, with a smile on his face. A veteran lorry driver, he knows Selayang, the area where he resides, like the back of his hand. All he needs is an address. Yet behind him was a gruelling history of battle against cancer.

Mr. Tan was diagnosed with stage 2 colorectal cancer in 2011. The breaking of bad news by EMPOWERED staff was sudden and devastating to him. Like many, he never thought he would be a victim of cancer.

After diagnosis comes treatment, and treatment is not easy for Mr. Tan. He had to choose between radiotherapy and chemotherapy after his surgery of removing the cancerous polyp. He was scheduled with more than 10 sessions of chemotherapy, which is physically taxing. Nonetheless, he pressed on and completed the course.

Now, Mr. Tan had regained his health, and a practitioner of healthy lifestyle: he started jogging 2 times a week right after his encounter with cancer, and had become extra careful with his diet. "EMPOWERED is my lucky star," he said, and he is more than willing to share to the public how early detection for colorectal cancer saved and changed his life.